

**Stay Strong**

32 Count, 4 Wall, Improver

Choreographer: Sandra Speck and Alexis Strong (UK)

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Choreographed to: Stay by The Corrs

**16 count intro, Start On Vocals****[1-8] RIGHT SIDE, LEFT BEHIND SIDE CROSS, SIDE, BEHIND SIDE CROSS, SIDE TOUCH.**

- 1-2 Step right foot to side (1) Cross left behind right (2)  
&3-4 Step right foot to side (&) Cross left over right (3) Step right foot to side (4)  
5&6 Cross left behind right (5) Step right foot to side (&) Cross left over right (6)  
7-8 Step right foot to side (7) Touch left next to right (8)

**[9-16] CHASSE ¼, SHUFFLE ½, ROCK BACK RECOVER, HEEL SWITCHES FORWARD**

- 1&2 Step left to side (1) Close right next to left (&) step forward on left making ¼ turn left (2)  
3&4 Step right to side turning ¼ left (3) Close left foot next to right (&) Step back on right turning ¼ left  
5-6 Rock back on left foot(5) Recover onto right foot (6)  
7&8& Touch left heel forward (7) Step left beside right (&) Touch right heel forward (8) Step left beside right (&)

**Tag here on wall 2****[17-24] STEP FORWARD, HITCH RIGHT, COASTER STEP, STEP PIVOT 1/4, CROSS SHUFFLE**

- 1-2 Step forward on left (1) Hitch right knee (2)  
3&4 Step back on right foot (3) Close left foot next to right (&) Step forward on right foot(4)  
5-6 Step forward on left foot (5) Pivot ¼ turn right, transferring weight to right (6)  
7&8 Cross left foot over right (7) Step right to side(&) Cross left foot over right (8) 6.00

**[25-32] RIGHT SIDE, BEHIND, SIDE, HEEL, & CROSS, BACK1/4, SIDE, CROSS SHUFFLE**

- 1-2 Step right to side (1) Cross left behind right (2)  
&3 Step right to side (&) Touch left heel forward to left diagonal (3)  
&4 Step left foot next to right (&) Cross right foot over left (4)  
5-6 Step back on left turning ¼ right (5) Step right foot to side (6)  
7&8 Cross left foot over right (7) Step right to side (&) Cross left foot over right (8) 9.00

**Tag: Wall 2 after section 2**

- 1-2 Step forward on left foot (1) Touch right next to left (2)

**Then Restart from the beginning facing 12 o'clock****ENJOY!**