



## The Only Hell

60 Count, 4 Wall, Intermediate

Choreographer: Dirk Liebing & Silvia Schill (DE) Nov 2017  
Choreographed to: I'm The Only Hell(My Mama Ever raised)  
by Johnny Paycheck

**Intro: 16 counts**

**Section 1 Cross Rock, Recover, Chasse, Cross, ¼ Turn, Chasse**

1-2 Cross RF in front of LF(1), Recover(2)  
3&4 Step RF right(3), Close LF next to RF(&), Step RF right(4)  
5-6 Cross LF in front of RF(5), Turn ¼ left stepping RF back(6)(9:00)  
7&8 Step LF left(7), Close RF next to LF(&), Step LF left(8)

**Section 2 Syncopated Cross Rock Steps(R+L), Cross, ¼ Turn, Coaster Step**

1-2& Cross Rock RF in Front of LF(1), Recover on LF(2), Close RF next to LF(&)  
3-4& Cross Rock LF in Front of RF(3), Recover on RF(4), Close LF next to RF(&)  
5-6 Cross RF in Front of LF(5), Turn ¼ right stepping LF back(6)(12:00)  
7&8 Step RF back(7), Close LF next to RF(&), Step RF forward(8)

**Section 3 Walk, Walk, Triple ½ Turn, Back Rock Step, Triple ½ Turn**

1-2 Step LF forward(1), Step RF forward(2)  
3&4 Turn ¼ right stepping LF left(3)(3:00), Close RF next to LF(&),  
Turn ¼ right stepping LF back(4)(6:00)  
5-6 Rock RF back(5), Recover on LF(6)  
7&8 Turn ¼ left stepping RF right(7)(3:00), Close LF next to RF(&),  
Turn ¼ right stepping RF back(8)(12:00)

**Section 4 ¼ Turn Side Rock, Sailor Step, Kick Ball Side(2x)**

1-2 Turn ¼ left and Rock LF left(1)(9:00), Recover on RF(2)  
3&4 Step LF behind RF(3), Step RF right(&), Step LF left(4)(7:30)  
Turn 1/8 left while doing the Sailor Step  
5&6 Kick RF forward(5), Step on Ball of RF(&), Step LF left(6)  
7&8 Kick RF forward(7), Step on Ball of RF(&), Step LF left(8)

**Section 5 Side Rock, Sailor Step, Heel Switches, Claps**

1-2 Rock RF right(1), Recover on LF(2)  
3&4 Step RF behind LF(3), Step LF left(&), Step RF right(4)(6:00)  
Turn 1/8 left while doing the Sailor Step  
5&6& Touch left Heel forward(5), Close LF next to RF(&), Touch Right Heel forward(6),  
Close RF next to LF(&)  
7&8 Touch left Heel forward(7), Clap(&), Clap(8)

**Section 6 Rock Step, Triple ½ Turn(2x), Coaster Step**

&1-2 Close LF next to RF(&), Rock RF forward((1), Recover on LF(2)  
3&4 Turn ¼ right stepping RF right(3)(9:00), Close LF next to RF(&),  
Turn ¼ right stepping RF forward(4)(12:00)  
5&6 Turn ¼ right stepping LF left(5)(3:00), Close Rf next to RF(&),  
Turn ¼ right stepping LF back(6)(6:00)  
7&8 Step RF back(7), Close LF next to RF(&), Step RF forward(8)

**Section 7 Charleston Steps**

1-2 Step LF forward(1), Point RF forward(2)  
3-4 Step RF back(3), Point LF back(4)  
5-6 Step LF forward(5), Point RF forward(6)  
7-8 Step RF back(7), Point LF back(8)

**Section 8 Jazz Box ¼ Turn, Brush**

1-2 Step LF forward(1), Turn ¼ left stepping RF back(2)(3:00)  
3-4 Step LF left(3), Brush RF(4)

**Have Fun**

